




# FIRST AID CONSTRUCTION SAFETY COURSE

**2** CERTIFICATE CREDITS

Proudly brought to you in partnership with St John and supporting the ambulance service of New Zealand.

The Site Safe and St John joint First Aid Construction Safety course combines construction health and safety elements with First Aid Level One – giving excellent value in a one day course.

## Who Should Attend the First Aid Construction Safety Course?

- All construction industry workers who want skills and qualifications in workplace First Aid
- Those looking to refresh their First Aid training

## Course Outline

Site Safe has worked in partnership with St John to develop a tailored, construction specific Level One First Aid course. This course integrates key elements of construction site safety to ensure all workers have a basic understanding of their health and safety responsibilities.

St John is a New Zealand Qualifications Authority (NZQA) approved provider and the course is linked with two unit standards. Completion of the course qualifies individuals as trained first aiders as described in the guidance notes published by the Ministry of Business, Innovation and Employment (MBIE) to help employers comply with Health and Safety in Employment legislation.

Course participants are also kept up-to-date with construction health and safety knowledge and positive behavioural developments.

## Course Content

The course is broken into two main sections. The first, delivered by Site Safe, focuses on key aspects of construction health and safety.

Engagement of trainees at all levels is achieved through interactive group workshops, discussions and videos. To stop injuries and change behaviours, knowledge is provided on:

- Understanding how to do your job safely
- Identifying the reasons for on-site actions
- Recognising the impact of your actions on yourself and others
- Taking personal responsibility for being safe
- Becoming part of a positive safety culture

The second section is delivered by a St John First Aid Trainer and focuses on construction specific examples, scenarios and common construction injuries with a clear link to the previous section.

This section is designed to provide participants with the confidence and competence 'at the scene' to recognise life threatening situations and to offer vital assistance to the patient before more experienced help arrives.

Topics covered include:

- Scene assessment
- CPR
- Automated external defibrillators
- Conscious/unconscious patient management
- Bleeding
- Burns
- Soft tissue injury
- Asthma
- Stroke
- Seizures
- Dislocations
- Broken bones
- Anaphylaxis
- Chest pain (eg. heart attack)
- Diabetic emergencies
- Poisoning

## Associated Unit Standards

6401 – Provide first aid (1 NZQA credit)

6402 – Provide resuscitation (1 NZQA credit)

**ASSESSMENT** ON-COURSE

## On Completion Receive

- St John First Aid – Level One certificate and workbook
- A silver Site Safety Card (Passport) that indicates your level of training and gives you access to site (valid for two years)
- Construction Safety Handbook
- 2 credits towards the Health and Safety in Construction programme leading towards the NZQA New Zealand Certificate in Workplace Health and Safety Practice Level 3 (40 credits required to graduate)
- Licensed Building Practitioner points (8 hours of training = 8 points)



**St John**

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